



EASTERN OUTDOOR EXPERIENCES

ALLEN MOUNTAIN BACKPACK

July 16—18, 2019

Allen Mountain at 4340 feet is the 26th highest of the 46 Adirondack High Peaks and is one of the most remote. Because of the remoteness and the 19-mile hike required to reach the summit, Allen isn't as popular as many of the central high peaks. None the less, it is a required peak to become a "46'er" and our route features beautiful landscapes and great views.

If there is a "relaxed" way to hike Allen Mountain, this fully guided 3-day backpack is it!

What's included:

- Meals (2 breakfasts, 2 trail lunches, 2 dinners)
- Group gear

What's not included:

- Personal gear (e.g., backpack, clothing, sleeping gear, headlamps, water bottles, medications)
- Transportation to trail-head
- Snacks

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Connect Naturally

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Day 1: Tuesday July 16, 2019

- Meet at the starting trail-head parking area
- Introductions, meet the group
- Group gear distribution
- Hike and setup campsite (approximately 8 miles)
- Trail lunch and dinner included

Day 2: Wednesday July 17, 2019

- Day hike to the summit of Allen (5 miles round trip, 2200 feet of elevation gain).
- Breakfast, trail lunch, and dinner
- Return to our campsite

Day 3: Thursday July 18, 2019

- Group Breakfast
- Breakdown camp and hike back to parking area
- Return of group gear
- Optional post hike meal at an Adirondack eatery

Eastern Outdoor Experiences is a full service guiding company dedicated to providing hiking, backpacking, and outdoor skills training. NYS DEC License #7568

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