



## EASTERN OUTDOOR EXPERIENCES

# SANTANONI RANGE BACKPACK 3 Days / 2 Nights

This trip will visit 3 of the peaks required to become an Adirondack 46'er: Santanoni, Panther, and Couchsachraga.

Couchsachraga is the shortest of the 46'er peaks at 3820 feet but isn't easy to get to. It's on the list because it was once incorrectly measured as a 4000 footer. Many 46'er aspirants consider "Couch" one of the toughest so why remove such a fun peak from the list, right?

We'll break this hike up into relatively manageable segments, although the 3 peaks will still make Saturday's day-hike a long one.

### What's included:

- Meals (2 breakfasts, 2 trail lunches, 2 dinners)
- Group gear

### What's not included:

- Personal gear (e.g., backpack, clothing, sleeping bag, headlamps, water bottles, medications)
- Transportation to trail-head
- Snacks

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*Connect Naturally*

### ITINERARY (can start on any day of week)

#### Day 1: Friday

- Meet at the starting trail-head parking area
- Introductions, meet the group
- Group gear distribution
- Hike and setup campsite (approximately 4.5 miles / 1400 feet of total ascent)
- Trail lunch and dinner included

#### Day 2: Saturday

- Day hike to Santanoni, Couchsachraga and Panther Mountains (9 miles round trip, 3950 feet of elevation gain).
- Breakfast, trail lunch, and dinner
- Return to our campsite

#### Day 3: Sunday

- Group Breakfast
- Breakdown camp and hike back to parking area
- Return of group gear
- Optional post hike meal at an Adirondack eatery

*Eastern Outdoor Experiences is a full service guiding company dedicated to providing hiking, backpacking, and outdoor skills training. NYS DEC License #7568*

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